

NYHA Classification



The New York Heart Association (NYHA) Classification tool is a simple way to classify the extent of heart failure. This tool places patients in one of four categories based on limitations during physical activity.

Class	Functional Capacity by Class	Objective Assessment*
I	No limitation in physical activity. Ordinary physical activity does not cause undue fatigue, palpitation, dyspnea, or anginal pain.	No evidence of cardiovascular disease.
II	Slight limitation of physical activity. Patient is comfortable at rest. Ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain.	Objective evidence of minimal cardiovascular disease.
III	Comfortable at rest. Less than ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain.	Objective evidence of moderately severe cardiovascular disease.
IV	Unable to carry on physical activity without discomfort. S/S of heart failure or anginal syndrome may be present even at rest . If any physical activity is undertaken, discomfort is increased.	Objective evidence of severe cardiovascular disease.

* Measures such as EKG, stress test, x-ray, echocardiogram and/or radiologic images.

The Hospice of Chattanooga team is available for consultations any time.

Please let us know how we can serve you.

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